

West Martial Arts
Responsibility Chart and Character Building Chart

Task	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Parent Signature
Make Your Bed!							
Brush Teeth!							
Say Please and Thank You During the Day!							
Do Your Homework!							
Keep A Good Attitude with Your Teacher!							
Help A Friend or Someone At Least Once During The Day!							
Practice Your Katas And Techniques!							
Exercise Or Do A Physical Activity!							
Help Set the Dinner Table and Clear the Plates After Dinner!							
Be Respectful to Parents and Siblings!							
Parent Chore Choice							
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